

The Friendly Group Members

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The International Healing Fellowship
Tel 01379-644043
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The Vivien Payne Healing Trust
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Yorkshire Healers Association
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Our invitation to join the The Friendly Group

We are the Friendly Group;
this is an informal group of
Associations who are together in
friendship and have a genuine concern
for the well being and future of
healing.

We believe in keeping our
independence and autonomy rather
than imposing our ideas on one
another. We want to share your views,
information and expertise because
they matter to us and because it is
much more creative way of
self-regulation. We are here because
we believe in the good of the whole
so there are no politics involved

Come along to our next meeting!

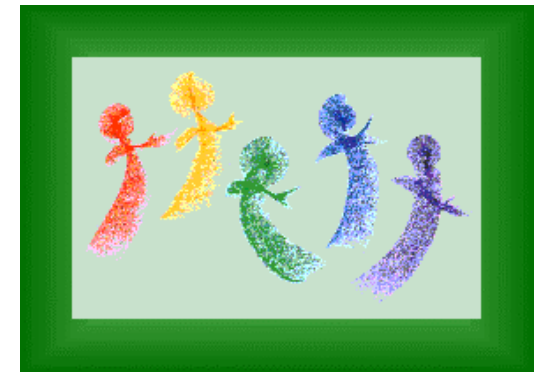
*For further information please contact the
Co-ordinator*

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Email dusk@waitrose.com*

*Or visit our website
www.friendlygroup.org.uk*

The Friendly Group of Healer Associations



**Truly generous
in spirit**

**Committed to
Healing**

The Friendly Group of Healer Associations is a group of associations who are truly generous in spirit.

Being prepared to share ideas, information, knowledge and expertise, etc, for the benefit of everyone.

To be aware of current ideas, events and attitudes that concern healing for the purpose of mutual benefit, whilst maintaining their independence and autonomy.

We came together because we are like-minded; we care what happens to not only the healers in our own associations but also to all healers in this country and if, in some small way, we can help to make a difference, we will try.

The main aims of the Group are:

- to promote, and maintain, ideals and values that are shared rather than imposed;
- to make decisions by consensus, not imposition;
- to be well-informed about current national ideas on healing and subsequent politics;
- to self-regulate and update standards of practice by discussion and agreement;
- to encourage other associations who, currently, are not part of any national organisation to join us;
- to promote the healing movement to the public and to monitor the changing face of healing, on a national level, so that informed decisions can be made.

The Friendly Group represents approximately two thousand full and probationer healers. Whilst each organisation is independent of each other, all are covered by the same insurance policy and share similar ideals and values concerning the Code of Conduct, Training Practices and Complaints Procedures.

Frequently asked Questions on Spiritual Healing

What is it?

The Healing of mind, body and soul by means of prayer and meditation. The Healer works with the energy of the spirit by laying on of hands with the patient or by means of prayer for absent or distant healing.

What does it do?

Whilst no guarantee of part or whole of a cure can be given, Spiritual Healing can be beneficial to sufferers of any form of disease or illness. This form of healing is often used to complement other forms of treatment the patient may be receiving from a GP. It can help to ease pain, to reduce stress and anxiety.

What does the patient do or feel?

Relax as much as possible. The healer may help you with this if necessary. Sit comfortably. Have an open mind. You may feel a sensation of heat, coldness, or a tingly feeling. You may feel nothing but enjoy the time you take for yourself while the healer is with you. It is always advised that if you have medical conditions, tell your doctor that you are receiving spiritual healing

When can you receive it?

The two methods - Contact and Absent can be used on a regular basis and are very often used together. Contact Healing means that you and the healer are present together, although not necessarily healing 'by touch'. Absent Healing is when the healer 'sends' healing to a patient by prayer, meditation or thought. Healing complements and is not an alternative to the treatment you receive from your doctor. Both Contact and Distant Healing are acknowledged as very effective especially by those who have benefited. Virtually all Healers and Healing organisations have an absent healing list, which is regularly updated.

Healer Training

Healers complete a two-year programme of training, practise and development as probationer Members before they are eligible to be considered for Registered Healer Membership. All healers are insured for the protection of the public. Healers are also bound by a Code of Conduct, which sets standards for practising healer members, and acts as a reference for the public.